Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Friday 31 Mar 2023 until 23:59 on Saturday 01 Apr 2023

Forecast Issued on Thursday 30 Mar 2023 at 16:22 by Met Office Aberdeen

Confidence: Generally high confidence over the coming days, but lower for extent of low cloud and mist on Friday.

Headline for Friday 31 Mar 2023: Bright in the west but cloudier in the east. Light to moderate winds.

Mountain weather hazards on Friday 31 Mar 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m

Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Cloudy	Cloudy	Light rain showers	Cloudy	Cloudy	Cloudy
Precipitation probability							
20%	20%	20%	20%	40%	30%	30%	20%

Forecast for Friday 31 Mar 2023

Weather: Dry with clear spells during the early hours, staying bright in the west through much of the day but low cloud affecting the east. Chance of a few scattered showers into the afternoon. Mainly dry but with increasing cloud into the evening.

Chance of cloud-free hill tops above 800m: 80%, reducing to 60% in the east during the morning, also reducing to 60% in the west during the evening.

Low Cloud and visibility: Low cloud pushing in to eastern parts through the morning, with cloud base 500-700m. Generally good in the west until later in the evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 31 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	11/15 SE	9/12 E	11/14 E	11/15 E	10/14 E	11/17 E	12/16 SE	12/17 SE	13/18 SE
900	12/15 SE	10/13 E	13/17 E	13/18 SE	10/15 E	13/18 E	11/15 SE	11/15 SE	12/16 SE
600	4/6 SE	5/7 E	6/9 SE	8/11 E	7/11 NE	10/16 E	9/13 SE	9/13 SE	10/14 SE
300	4/6 NE	3/5 NE	4/6 NE	5/8 NE	5/9 NE	5/10 E	8/16 E	9/17 SE	10/18 SE
Glen	3/7 E	4/10 NE	2/9 E	4/11 NE	5/9 SE	6/13 SE	4/9 E	3/8 SE	5/9 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	1/-3	2/-2	1/-3	1/-3	2/-2	2/-2	1/-4	-0/-5	-1/-7
900	2/-2	2/-2	2/-2	4/-1	5/2	5/1	4/-0	2/-2	1/-4
600	6/5	6/4	6/4	6/4	8/6	8/5	7/4	6/3	4/1
300	8/7	7/6	7/6	7/6	10/10	10/10	9/7	7/5	6/3
Glen	7/7	7/5	6/4	10/9	13/12	12/11	11/10	9/8	8/6
Freezing Level*	1400m	1400m	1400m	1300m	1400m	1500m	1500m	1400m	1300m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling very mild in the west in the valleys with temperatures in the low teens. Cooler in the east under the low cloud.

Forecast for Saturday 01 Apr 2023

Weather: Low cloud at first, becoming confined to the east through the morning, to leave dry and bright conditions in the west. Further low cloud and patchy light rain or drizzle pushing in from the west into the evening.

Maximum wind: East to southeasterly 10-15 mph.

Chance of cloud-free hill tops above 800m: 30% at first, improving to 60-70%, decreasing to 20% during the evening.

Low Cloud and visibility: Low cloud, base 600-800m at first. Further low cloud pushing in from the west into the evening, base 500-700m and visibility reducing to moderate or poor at times in rain or drizzle.

Temperature: **Glens:** Plus 6 rising to plus 10 Celsius.
At 800m: Zero rising to plus 3 Celsius.
Freezing level: 1000m at first, rising above summits.

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